

Race for Freedom 5K

Age Group Results

5K Run

Race Date
February 09, 2019

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Patrick Nickler		25	297	1	18:45.7	6:03/M	

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Kara Weber		47	382	5	20:41.2	6:40/M	

Race for Freedom 5K

Age Group Results

Race Date
February 09, 2019

5K Run

Male 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Tucker Minton		9	293	75	31:37.2	10:12/M	
2	Jonathan Hopkins		8	265	129	37:05.4	11:58/M	5:28.2
3	Cameron Burlage		9	177	147	38:44.8	12:30/M	7:07.6
4	Matthew Lorfils		5	58	183	44:28.5	14:21/M	12:51.2
5	Carter Wood		4	386	190	46:02.9	14:51/M	14:25.7
6	William Foley		6	241	193	46:51.9	15:07/M	15:14.7
7	Jacob Foley		8	239	205	49:25.4	15:56/M	17:48.1
8	Liliana Vitola		4	358	210	50:04.2	16:09/M	18:26.9
9	Hudson Poritz		2	306	234	53:51.7	17:22/M	22:14.4

Female 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Kendall Adeimy-Barone		10	201	77	31:50.8	10:16/M	
2	Makinley Garrett		6	47	81	32:25.8	10:27/M	0:35.0
3	Nina Maiorino		8	84	204	49:25.0	15:56/M	17:34.2
4	Bella Sellari		10	326	214	50:48.8	16:23/M	18:58.0
5	Jade Sellari		8	327	215	50:50.6	16:24/M	18:59.7
6	Amani Williams		9	370	241	54:12.0	17:29/M	22:21.2

Male 11 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Jackson Isham		16	400	11	23:27.8	7:34/M	
2	Sebastian Burlage		11	176	26	26:13.4	8:27/M	2:45.6
3	Joonas Savonen		18	320	35	27:43.6	8:56/M	4:15.8
4	Alex Perez		16	24	58	30:13.2	9:45/M	6:45.4
5	James O'Neill		15	41	80	32:05.5	10:21/M	8:37.7
6	Dakota Taylor		17	342	94	33:41.3	10:52/M	10:13.5
7	John Chaves		16	115	105	34:59.3	11:17/M	11:31.5
8	Ethan Temperato		16	193	194	47:00.3	15:10/M	23:32.5

Female 11 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Patriana Vickers		16	401	25	26:01.5	8:24/M	
2	Natalie Kachlikova		18	274	34	27:42.9	8:56/M	1:41.3
3	Molly Fried		16	404	69	31:10.0	10:03/M	5:08.4
4	Dani Goldenfarb		17	247	99	34:30.6	11:08/M	8:29.0

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Age Group Results

5K Run

Female 11 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
5	Hailey Chan		14	227	100	34:33.4	11:09/M	8:31.9
6	Leland Whitney		15	367	135	37:36.0	12:08/M	11:34.5
7	Emma Hamlin		14	251	136	37:36.3	12:08/M	11:34.7
8	Sophia Mendez		18	198	137	37:43.0	12:10/M	11:41.4
9	Mckenzie Wilcox		19	8	186	44:53.6	14:29/M	18:52.0
10	Ashley Tutko		14	351	187	45:00.5	14:31/M	18:59.0
11	Sydney Temperato		15	192	195	47:17.5	15:15/M	21:16.0
12	Andrea Gallo		15	408	226	52:50.4	17:03/M	26:48.9
13	Isabella Aljilani		13	135	259	57:23.7	18:31/M	31:22.1
14	Caroline Byrd		15	218	268	58:06.8	18:45/M	32:05.2

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Jorge Vascones		29	15	3	19:36.0	6:19/M	
2	Alexander Huba		27	268	4	20:14.9	6:32/M	0:38.9
3	Trey Gilbert		20	11	24	25:54.1	8:21/M	6:18.1
4	Colby Deen		25	98	167	41:11.3	13:17/M	21:35.3
5	Roberto Concepcion		25	399	256	56:57.6	18:22/M	37:21.6

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Jessica Welch		25	363	37	27:51.0	8:59/M	
2	Nicole Loshelder		29	130	63	30:39.0	9:53/M	2:47.9
3	Karen Calvert		29	56	95	33:45.5	10:53/M	5:54.5
4	Shauni Vascones		27	13	101	34:40.2	11:11/M	6:49.1
5	Samantha Palmer		28	302	104	34:59.0	11:17/M	7:08.0
6	Mallory Thomson		27	181	120	35:51.2	11:34/M	8:00.1
7	Carly Metzger		22	66	153	39:42.8	12:48/M	11:51.7
8	Jessica Gallon Alvarez		28	243	154	39:52.7	12:52/M	12:01.7
9	Allison Frankiewicz		26	97	166	41:10.5	13:17/M	13:19.5
10	Jennifer Kuipers		26	278	169	42:00.0	13:33/M	14:08.9
11	Molly McConnell		27	289	170	42:00.2	13:33/M	14:09.1
12	Ashley Haines		23	86	174	43:13.6	13:56/M	15:22.5
13	Liz Elliott		28	413	176	43:53.7	14:09/M	16:02.6
14	Meredith Schiller		29	322	188	45:12.5	14:35/M	17:21.5
15	Kayla Brown		27	216	200	48:41.1	15:42/M	20:50.1
16	Simone Lovell		27	190	201	48:56.1	15:47/M	21:05.0
17	Katelyn Diraimo		20	233	245	55:50.1	18:01/M	27:59.0

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Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
18	Lydia Stark		20	338	246	55:50.9	18:01/M	27:59.8
19	Victoria Ebel		23	146	249	56:07.1	18:06/M	28:16.0
20	Jessica Vasco		23	149	250	56:09.1	18:07/M	28:18.0
21	Gabrielle Torres		29	165	260	57:24.9	18:31/M	29:33.8
22	Fiona Wade		29	361	272	1:00:44.5	19:35/M	32:53.5

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	George Baldino		34	150	9	22:08.0	7:08/M	
2	Cory Gray		34	153	12	23:48.0	7:41/M	1:40.0
3	Fritz Van Der Grift		31	355	17	24:10.4	7:48/M	2:02.4
4	Curtis Page		33	300	19	24:53.5	8:02/M	2:45.5
5	Michael Rasmussen		35	396	27	26:20.2	8:30/M	4:12.1
6	Brent Joseph		39	132	60	30:23.0	9:48/M	8:15.0
7	Jeffery Parker		38	377	68	31:03.0	10:01/M	8:55.0
8	Brad Mobley		34	294	72	31:23.9	10:07/M	9:15.9
9	Naga Puligadda		34	71	76	31:38.0	10:12/M	9:30.0
10	Ryan Longchamps		35	96	90	33:11.9	10:42/M	11:03.8
11	Sherry Morales		39	73	108	35:11.0	11:21/M	13:03.0
12	Mason Morales		39	74	109	35:11.8	11:21/M	13:03.8
13	Amy Palladino		30	122	128	36:48.4	11:52/M	14:40.4
14	Sienna Morales		39	75	130	37:06.0	11:58/M	14:58.0
15	Michael Morales		39	72	131	37:18.9	12:02/M	15:10.9
16	James Baxter		38	388	140	37:55.9	12:14/M	15:47.8
17	Eric Brenner		32	214	146	38:36.5	12:27/M	16:28.5
18	Aaron Burlage		39	174	149	38:46.2	12:30/M	16:38.2
19	Daniel Wiener		37	369	155	39:55.2	12:53/M	17:47.2
20	George Hernandez		35	257	184	44:47.5	14:27/M	22:39.5
21	Matthew Wood		36	385	191	46:03.5	14:51/M	23:55.5
22	Timothy Bardin		33	82	196	47:21.9	15:16/M	25:13.9
23	Vince Harris		32	256	222	52:18.9	16:52/M	30:10.9
24	William Torres		30	166	261	57:25.7	18:31/M	35:17.7
25	Justin Hoover		33	261	266	57:41.9	18:36/M	35:33.9
26	Joshua Wade		32	362	273	1:00:45.7	19:36/M	38:37.7
27	Jonathan Belyeu		33	170	279	1:02:39.6	20:13/M	40:31.5

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
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Age Group Results

5K Run

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Jenny Koning		37	392	15	24:03.2	7:45/M	
2	Stefanie Garrett		36	46	16	24:09.3	7:47/M	0:06.1
3	Sara Talley		32	341	18	24:17.5	7:50/M	0:14.3
4	Nicole Hardy Smith		37	397	33	27:34.3	8:54/M	3:31.1
5	Juliana Martinez		36	287	64	30:40.6	9:54/M	6:37.4
6	Rachel Baldino		34	151	73	31:27.0	10:09/M	7:23.8
7	Jessica Riether		36	395	82	32:37.9	10:31/M	8:34.7
8	Karla Morales		38	23	83	32:42.8	10:33/M	8:39.6
9	Kelli White		39	376	85	32:44.0	10:34/M	8:40.8
10	Sara Longchamps		35	95	89	33:11.3	10:42/M	9:08.1
11	Marlin Beato		31	148	92	33:29.4	10:48/M	9:26.2
12	Melissa Williams		39	371	112	35:16.9	11:23/M	11:13.7
13	Amy Palladine		30	393	125	36:30.0	11:46/M	12:26.8
14	Shariska Monroy		34	106	126	36:41.5	11:50/M	12:38.3
15	Tammy Hopkins		38	266	133	37:29.5	12:05/M	13:26.3
16	Stacie Brenner		32	215	145	38:27.5	12:24/M	14:24.3
17	Krysten Burlage		35	175	148	38:45.0	12:30/M	14:41.8
18	Jennifer Maunu		37	90	151	39:19.8	12:41/M	15:16.6
19	Christina Dindial		31	79	161	40:20.3	13:01/M	16:17.1
20	Aneka Barnes		39	127	162	40:23.5	13:02/M	16:20.3
21	Amanda White		39	63	181	44:27.2	14:20/M	20:24.0
22	Shirley Lorfils		35	57	182	44:28.0	14:21/M	20:24.8
23	Andrea Liddell		33	283	185	44:47.9	14:27/M	20:44.7
24	Eliza Maiorino		38	83	206	49:25.6	15:56/M	25:22.4
25	Alex Harris		31	255	219	52:07.1	16:49/M	28:03.9
26	Alexandra Barry		30	212	228	53:04.3	17:07/M	29:01.1
27	Julie Levey		30	59	230	53:13.9	17:10/M	29:10.7
28	Stacie Poritz		38	308	231	53:33.8	17:16/M	29:30.6
29	Christina Silvestri		33	144	237	54:03.7	17:26/M	30:00.5
30	Solange Dawson		31	143	238	54:04.4	17:26/M	30:01.2
31	Melissa Gaspar		36	188	242	54:17.5	17:31/M	30:14.3
32	Savannah Williams		31	154	243	54:18.9	17:31/M	30:15.7
33	Brittany Flesch		32	38	244	55:44.3	17:59/M	31:41.1
34	Kanathy Haney		32	375	247	55:51.3	18:01/M	31:48.1
35	Rachel Meier		34	36	254	56:20.8	18:10/M	32:17.6
36	Aleida Carvata		37	398	257	56:58.2	18:23/M	32:55.0
37	Brittany Christoffel		32	2	263	57:39.0	18:36/M	33:35.8
38	Amanda Hoover		32	260	265	57:41.9	18:36/M	33:38.7
39	Kitty Miller		38	168	270	59:49.8	19:18/M	35:46.6
40	Amy Thomas		38	169	271	59:50.2	19:18/M	35:47.0
41	Jennifer Rappport		34	309	276	1:02:31.3	20:10/M	38:28.1
42	Amanda Bardin		32	81	278	1:02:38.9	20:12/M	38:35.7

Race for Freedom 5K

Age Group Results

5K Run

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Greg Meehan		47	291	8	21:32.4	6:57/M	
2	Justin Fleck		41	380	10	22:50.2	7:22/M	1:17.8
3	Paul Tyson		48	354	13	23:50.2	7:41/M	2:17.8
4	Jimmy Palma		41	80	14	24:00.7	7:45/M	2:28.3
5	Christopher Smith		46	335	20	25:03.7	8:05/M	3:31.3
6	Joseph Bango		42	381	30	26:53.0	8:40/M	5:20.6
7	Ken Autore		46	407	31	27:22.5	8:50/M	5:50.1
8	John Kianka		47	93	36	27:45.0	8:57/M	6:12.6
9	William Enriquez		49	394	39	28:15.8	9:07/M	6:43.4
10	Mark Asuncion		42	31	41	28:44.0	9:16/M	7:11.6
11	Michael Denicola		42	145	42	28:46.0	9:17/M	7:13.6
12	Peter Angell		44	206	43	28:46.5	9:17/M	7:14.1
13	Steven Strivelli		42	1	50	29:40.0	9:34/M	8:07.6
14	Tim White		40	64	52	29:49.9	9:37/M	8:17.5
15	Joel Rossi		46	317	54	29:52.2	9:38/M	8:19.8
16	Cornelio Caudillo		47	226	57	30:05.7	9:42/M	8:33.3
17	Steven Fried		49	405	70	31:15.5	10:05/M	9:43.1
18	Benito Gaspar		41	187	111	35:16.2	11:23/M	13:43.8
19	Pedro Palenzuela		48	121	116	35:31.7	11:27/M	13:59.3
20	William Dawson		43	231	118	35:35.0	11:29/M	14:02.6
21	Craig Goldenfarb		48	246	139	37:52.6	12:13/M	16:20.2
22	Thomas James		40	378	144	38:13.5	12:20/M	16:41.1
23	Linval Lindsay		42	19	160	40:19.5	13:00/M	18:47.1
24	Michael Mendez		46	199	164	41:06.5	13:15/M	19:34.1
25	Brian Longsworth		45	27	177	44:10.7	14:15/M	22:38.3
26	Randy Foley		44	240	198	47:49.9	15:25/M	26:17.5
27	Natalie Vitola		42	359	209	50:03.8	16:09/M	28:31.4
28	Dave Vitola		42	357	211	50:04.4	16:09/M	28:32.0
29	Scott Poritz		42	307	233	53:50.8	17:22/M	32:18.4
30	Maynor Lopez		44	414	255	56:29.4	18:13/M	34:57.0

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Jennifer Perry		42	303	29	26:38.4	8:35/M	
2	Trina Segreto		41	325	32	27:22.7	8:50/M	0:44.2
3	Andrea Barone		46	211	38	27:54.3	9:00/M	1:15.8
4	Dara Brandt		46	384	40	28:26.5	9:10/M	1:48.0
5	Michelle Tyson		44	353	46	29:12.9	9:25/M	2:34.5
6	Laura Stevenson		43	339	48	29:30.9	9:31/M	2:52.5
7	Jill Raftery		40	42	51	29:42.3	9:35/M	3:03.9

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8	Courtney Minton		49	292	53	29:51.3	9:38/M	3:12.8
9	Doris Deyoungs		49	17	55	29:54.0	9:39/M	3:15.5
10	Alicia Cattarossi		49	223	56	30:01.6	9:41/M	3:23.1
11	Alyssa Milo		42	78	59	30:17.1	9:46/M	3:38.6
12	Gena Rowlands		47	118	65	30:41.2	9:54/M	4:02.7
13	Jami Smith		49	336	78	31:54.9	10:17/M	5:16.4
14	Adriana Scarth		48	412	84	32:43.0	10:33/M	6:04.5
15	Dalay Delarosa		46	232	86	32:48.7	10:35/M	6:10.2
16	Jacquelyn Jamason		46	269	88	33:03.8	10:40/M	6:25.3
17	Heather Innocent		43	126	93	33:35.8	10:50/M	6:57.3
18	Kara Mendez		43	196	96	33:50.9	10:55/M	7:12.4
19	Audra Kaschak		43	275	97	34:06.2	11:00/M	7:27.7
20	Christina Collins		40	229	98	34:23.2	11:05/M	7:44.7
21	Lisa Duvall		47	235	102	34:52.7	11:15/M	8:14.2
22	Marisol Chaves		40	116	110	35:12.5	11:21/M	8:34.0
23	Carey Jimenez		48	271	114	35:27.0	11:26/M	8:48.5
24	Gladys Hernandez		45	403	117	35:33.5	11:28/M	8:55.1
25	Ann Cogburn		49	228	122	36:13.2	11:41/M	9:34.8
26	Jennifer Price		47	45	123	36:24.1	11:45/M	9:45.6
27	Stacie Rossi		48	318	142	38:07.0	12:18/M	11:28.5
28	Lisa Silva		49	331	150	38:54.3	12:33/M	12:15.8
29	Gayla Bujnowski		46	217	152	39:36.5	12:46/M	12:58.0
30	Cheryl Martino		47	406	156	39:56.2	12:53/M	13:17.7
31	Roxanne Lindsay		42	18	159	40:18.7	13:00/M	13:40.2
32	Kathy Taylor		47	343	163	41:00.5	13:14/M	14:22.1
33	Tracy Goodhue		43	61	165	41:09.7	13:16/M	14:31.2
34	Nicole Bottoms		44	185	168	41:28.5	13:23/M	14:50.0
35	Chalita Bizzell		45	410	175	43:52.7	14:09/M	17:14.2
36	Melissa Longsworth		42	26	178	44:11.3	14:15/M	17:32.8
37	Cynthia Bowe		44	140	179	44:20.0	14:18/M	17:41.6
38	Kimberly Taylor		49	43	180	44:23.3	14:19/M	17:44.9
39	Marie Caspelich		48	128	192	46:27.3	14:59/M	19:48.8
40	Erin Foley		41	238	199	47:50.1	15:26/M	21:11.6
41	Tj Poitier		47	305	220	52:07.5	16:49/M	25:29.0
42	Rasheedah Guyden		48	164	224	52:27.7	16:55/M	25:49.2
43	Meredith Jacobs		45	138	248	56:06.5	18:06/M	29:28.0
44	Shannon Whitney		44	368	269	58:07.2	18:45/M	31:28.7
45	Anita Wester		48	364	275	1:02:13.8	20:04/M	35:35.3

Race for Freedom 5K

Age Group Results

5K Run

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	David Moss		50	54	2	19:07.0	6:10/M	
2	Olin Hershberger		52	379	6	20:41.4	6:40/M	1:34.3
3	Rolando Silva		52	332	21	25:09.0	8:07/M	6:01.9
4	Kevin Shaw		51	390	22	25:50.0	8:20/M	6:43.0
5	Patricio Ramos		51	139	23	25:53.1	8:21/M	6:46.1
6	James Suarez		50	163	28	26:33.5	8:34/M	7:26.5
7	Andrew Noll		53	50	61	30:31.3	9:51/M	11:24.2
8	Charles Ramos		51	131	62	30:32.6	9:51/M	11:25.6
9	Steven Deck		52	402	66	30:55.9	9:58/M	11:48.9
10	Brian Gordon		50	69	67	30:57.8	9:59/M	11:50.7
11	Mark Alexander		57	202	173	43:03.9	13:53/M	23:56.8
12	Timothy Temperato		53	194	197	47:41.4	15:23/M	28:34.3
13	Jack Kazee		59	183	212	50:41.1	16:21/M	31:34.0
14	Debra Noll		51	51	221	52:15.1	16:51/M	33:08.0
15	Robert Bragg		56	387	262	57:30.0	18:33/M	38:22.9
16	William Hoover		59	263	264	57:39.9	18:36/M	38:32.8

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Tracy Lehner		50	53	44	29:00.5	9:21/M	
2	Barbara Rine		56	313	45	29:06.2	9:23/M	0:05.7
3	Kippy (kenna) Carman		56	39	47	29:15.5	9:26/M	0:15.0
4	Maryellen Eddy		55	236	74	31:29.8	10:09/M	2:29.3
5	Holly O'Neill		50	40	79	32:04.9	10:21/M	3:04.4
6	Bethany Kush		50	279	91	33:16.0	10:44/M	4:15.5
7	Tami Shoemaker		54	20	106	35:00.2	11:17/M	5:59.7
8	Kellie Brown		50	391	107	35:02.5	11:18/M	6:01.9
9	Sandy Redavid		55	311	113	35:23.5	11:25/M	6:23.0
10	Denise Hyde		58	44	115	35:27.2	11:26/M	6:26.7
11	Janice Pleasant		58	304	121	36:05.5	11:38/M	7:04.9
12	Kelly Domsy		59	234	127	36:47.6	11:52/M	7:47.0
13	Jennifer White		54	65	132	37:24.2	12:04/M	8:23.7
14	Sherri Temperato		50	191	138	37:44.3	12:10/M	8:43.7
15	Debi Phillips		53	109	141	37:58.3	12:15/M	8:57.7
16	Julie Ann Moody		57	16	143	38:11.7	12:19/M	9:11.2
17	Teri Barbera		52	210	157	40:10.5	12:57/M	11:10.0
18	Maria Elfring		52	184	158	40:10.6	12:57/M	11:10.1
19	Cassandra Anderson		52	186	171	42:28.3	13:42/M	13:27.7
20	Isabel Novoa-Alexander		55	298	172	43:03.2	13:53/M	14:02.6
21	Lori Kimmel		58	142	189	45:39.4	14:44/M	16:38.9

Race for Freedom 5K

Age Group Results

5K Run

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
22	Michelle Croucher		50	189	202	49:01.2	15:49/M	20:00.6
23	Kathy Tutko		54	352	203	49:18.5	15:54/M	20:18.0
24	Gloria Alvarez		58	203	216	50:51.9	16:24/M	21:51.4
25	Kathleen Bauer		57	55	217	51:06.6	16:29/M	22:06.0
26	Charlene Griffith		57	89	218	51:07.3	16:29/M	22:06.8
27	Nancy Suto		57	29	223	52:22.2	16:54/M	23:21.6
28	Mary Beth Bryant		51	30	225	52:28.0	16:55/M	23:27.5
29	Kelly Gallo		52	409	227	52:51.4	17:03/M	23:50.9
30	Dawn Terrizzi		53	344	229	53:06.4	17:08/M	24:05.9
31	Caprina Overton		54	68	235	53:57.5	17:24/M	24:57.0
32	Michele Denski		59	67	236	53:58.1	17:25/M	24:57.6
33	Karen Morgan		50	295	240	54:07.7	17:27/M	25:07.2
34	Kristin Ebel		52	147	251	56:10.5	18:07/M	27:09.9
35	Katia Sarley		55	136	253	56:12.2	18:08/M	27:11.7
36	Gladys Aljilani		52	60	258	57:19.8	18:29/M	28:19.3
37	Leslie Hoover		58	262	267	57:42.9	18:37/M	28:42.4
38	Maria Cristina Villegas		55	356	281	1:03:16.6	20:25/M	34:16.0

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	David Stone		63	383	7	20:45.8	6:42/M	
2	Bruce Brandt		73	389	119	35:42.9	11:31/M	14:57.1
3	Lee Schwartz		69	323	134	37:32.4	12:06/M	16:46.5
4	Robert Ehrenberg		60	237	232	53:44.8	17:20/M	32:58.9
5	Alfonso Silvestri		60	333	239	54:07.7	17:27/M	33:21.8
6	Steven Sarley		65	137	252	56:10.9	18:07/M	35:25.0
7	Martin Kaplan		68	179	274	1:01:59.5	20:00/M	41:13.6

Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Nancy Grabow		65	77	49	29:35.6	9:33/M	
2	Karen Johnson-Young		62	272	71	31:16.8	10:05/M	1:41.1
3	Michelle McPhee		60	141	87	32:51.0	10:36/M	3:15.3
4	Elisabeth Banks		69	209	103	34:53.9	11:15/M	5:18.2
5	Velynda Baker		60	195	124	36:26.3	11:45/M	6:50.6
6	Dorothy Shea		64	328	207	49:43.9	16:02/M	20:08.2
7	Debbie Thomas		64	345	208	49:44.2	16:03/M	20:08.5
8	Melody Kazee		60	182	213	50:46.3	16:23/M	21:10.6

Race for Freedom 5K

Age Group Results

5K Run

Race Date
February 09, 2019

Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
9	Paula Rappport		60	310	277	1:02:32.1	20:10/M	32:56.4
10	Jaclyn Kaplan		60	178	280	1:02:41.8	20:13/M	33:06.1